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**UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF CALIFORNIA**

MICHAEL LERMA, On Behalf of
Himself and All Others Similarly
Situated,

Plaintiff,

v.

GNC CORPORATION, a Delaware
corporation,

Defendant.

Case No.: **'13CV0933 CAB KSC**

CLASS ACTION

1. VIOLATION OF THE UNFAIR
COMPETITION LAW, Business and
Professions Code §17200 *et seq.*; and
2. VIOLATION OF CONSUMERS
LEGAL REMEDIES ACT, Civil
Code §1750 *et seq.*

DEMAND FOR JURY TRIAL

1 Plaintiff Michael Lerma, by and through his attorneys, brings this action on behalf
2 of himself and all others similarly situated against Defendant GNC Corporation (“GNC”
3 or “Defendant”) and states:

4 **NATURE OF ACTION**

5 1. GNC markets, sells and distributes a line of joint health dietary supplements
6 under its “TriFlex” brand name.¹ All three products bear the name TriFlex in bold, large
7 letters, prominently at the top front of each label. The primary purported active
8 ingredients in all of GNC’s TriFlex Products are glucosamine hydrochloride and
9 chondroitin sulfate. Through an extensive, widespread, comprehensive and uniform
10 nationwide marketing campaign, GNC promises that its maximum, clinical strength
11 TriFlex Products will help promote mobility and flexibility, improve joint comfort and
12 cushion joints. For example, on each and every TriFlex Fast-Acting Triple Strength
13 Product label, Defendant states that the Product’s “maximum”, “clinical strength”
14 formula supports “joint comfort,” improves joint flexibility and “joint cushioning,” and
15 helps to “regenerate cartilage and lubricate joints thus supporting joint health integrity
16 and function.” Similar statements are made on the other TriFlex Products, in that the
17 labeling and packaging states that the Products help to “promote joint mobility and
18 flexibility” and “joint cushioning” and “protects joints from wear and tear” (collectively,
19 the “joint health benefit representations”).

20 2. Furthermore, the representations that Defendant makes on the TriFlex
21 Products labels with respect to improving mobility and flexibility, helping with joint
22 discomfort and cushioning joints are clearly directed at and, as a result, the majority of
23 persons who purchase the TriFlex Products are persons suffering from osteoarthritis. For
24 example, the University of Chicago Medicine web site describes the symptoms of
25 osteoarthritis as a breakdown of joint cartilage which in turn interferes with joint mobility

26
27 ¹ The TriFlex Products include, but are not limited to: (1) GNC TriFlex; (2) GNC
28 TriFlex Fast-Acting; and (3) GNC TriFlex Sport (collectively, “the TriFlex Products” or
“the Products”). Plaintiff reserves the right to include other Products upon completion of
discovery.

1 and causes joint pain and stiffness² – these are almost verbatim the symptoms that
2 Defendant represents the TriFlex Products will relieve. Thus, Defendant’s
3 representations, at a minimum, implicitly claim, using lay terminology, that the TriFlex
4 Products have a positive effect on the characteristic symptoms of arthritis.

5 3. In truth, the TriFlex Products do not promote flexibility or mobility, relieve
6 joint discomfort, or cushion joints. Clinical studies have proven that the primary active
7 ingredients in the TriFlex Products, glucosamine and chondroitin, are ineffective, taken
8 alone or in combination with the other ingredients in the Products, with regard to the
9 purported joint health benefits represented on the Products’ packaging and labeling. As a
10 large scale study sponsored and conducted by the National Institute of Health (“NIH”)
11 concluded: “The analysis of the primary outcome measure did not show that
12 [glucosamine and chondroitin], alone or in combination, was efficacious. . . .” Clegg,
13 D., et al., Glucosamine, Chondroitin Sulfate, and the Two in Combination for Painful
14 Knee Osteoarthritis, 354 New England J. of Med. 795, 806 (2006) (“2006 GAIT
15 Study”). While most of the clinical studies finding a lack of efficacy (using the same
16 amounts of the ingredients as are in Defendant’s TriFlex Products) were performed on
17 subjects with arthritis, some were performed on “healthy” subjects. Moreover, experts in
18 the field deem the arthritis clinical studies finding the ingredients to be inefficacious to
19 be proxies for whether the ingredients are effective for both arthritic and non-arthritic
20 users of these ingredients. As a result, in addition to affirmatively misrepresenting the
21 joint health benefits of the TriFlex Products, Defendant’s failure to disclose the facts
22 regarding these studies also constitutes deception by omission or concealment. Thus,
23 Defendant’s joint health benefit representations and omissions are false, misleading and
24 reasonably likely to deceive the public.

25 4. Despite the deceptive nature of Defendant’s representations, Defendant
26 conveys its uniform, deceptive message to consumers through a variety of media
27

28 ² See <http://www.uchospitals.edu/online-library/content=P00061>.

1 including its website and online promotional materials, and, most important, at the point
2 of purchase, on the front of the Products' packaging and/or labeling where it cannot be
3 missed by consumers. The only reason a consumer would purchase the TriFlex
4 Products is to obtain the advertised joint health benefits, which the Products do not
5 provide.

6 5. As a result of Defendant's deceptive joint health benefit representations,
7 consumers – including Plaintiff and members of the proposed Class – have purchased
8 Products that do not perform as advertised.

9 6. Plaintiff brings this action on behalf of himself and all other similarly
10 situated consumers to halt the dissemination of this false and misleading advertising
11 message, correct the false and misleading perception it has created in the minds of
12 consumers, and obtain redress for those who have purchased the TriFlex Products.
13 Based on violations of state unfair competition laws (detailed below), Plaintiff seeks
14 injunctive and monetary relief for consumers who purchased the Products.

15 **JURISDICTION AND VENUE**

16 7. This Court has original jurisdiction pursuant to 28 U.S.C. §1332(d)(2). The
17 matter in controversy, exclusive of interest and costs, exceeds the sum or value of
18 \$5,000,000 and is a class action in which there are in excess of 100 class members and
19 many members of the Class are citizens of a state different from Defendant.

20 8. This Court has personal jurisdiction over GNC because GNC is authorized
21 to do and does business in California. GNC has marketed, promoted, distributed, and
22 sold its TriFlex Products in California and GNC has sufficient minimum contacts with
23 this State and/or sufficiently avails itself of the markets in this State through its
24 promotion, sales, distribution and marketing within this State to render the exercise of
25 jurisdiction by this Court permissible.

26 9. Venue is proper in this Court pursuant to 28 U.S.C. §§1391(a) and (b)
27 because a substantial part of the events or omissions giving rise to Plaintiff's claims
28

1 occurred while he resided in this judicial district. Venue is also proper under 18 U.S.C.
2 §1965(a) because GNC transacts substantial business in this District.

3 **PARTIES**

4 10. Plaintiff Michael Lerma resides in El Centro, California and is a resident of
5 California. In or around October 2012, Plaintiff Lerma was exposed to and saw GNC's
6 representations by reading the label of TriFlex Fast-Acting at a GNC store in El Centro,
7 California. In reliance on the joint health benefit representations on the front, back
8 and sides of the label, Plaintiff purchased TriFlex Fast-Acting and paid approximately
9 \$20.00 for the bottle. Had Plaintiff known the truth about Defendant's
10 misrepresentations and omissions, including that the scientific evidence demonstrated
11 that the Product was not effective as represented by Defendant, Plaintiff would not have
12 purchased TriFlex Fast-Acting. Plaintiff used TriFlex Fast Acting as directed and,
13 consistent with the scientific evidence that the Product was not effective, the Product did
14 not work. As a result, Plaintiff suffered injury in fact and lost money.

15 11. Defendant GNC Corporation is a corporation organized and existing under
16 the laws of the state of Delaware, and is headquartered in Pittsburgh, Pennsylvania.
17 GNC operates more than 4,800 retail locations throughout the United States, including
18 California, and specializes in the sale of and advice to consumers about nutritional
19 supplements. GNC is the nation's largest retailer of its kind. Upon information and
20 belief, from its Regional Office in California, GNC promoted, marketed and sold the
21 TriFlex products throughout the United States, including California.

22 **FACTUAL ALLEGATIONS**

23 ***The TriFlex Products***

24 12. GNC is the largest supplement retailer in the United States, operating over
25 4,800 retail locations where it sells retail goods, and gnc.com. This lawsuit concerns
26 three of those products: (1) GNC TriFlex; (2) GNC TriFlex Fast-Acting; and (3) GNC
27
28

TriFlex Sport.³ The TriFlex products are available in 60, 120, and 240 count bottles. Screen shots of the TriFlex Products appear as follows:



13. Since the Products' launch, GNC has consistently conveyed the message to consumers throughout the United States, including California, that the TriFlex Products, with their "maximum", "clinical" strength formulas, help to promote mobility and flexibility, improve "joint comfort," and cushion joints simply by taking the recommended number of tablets each day. They do not. GNC's joint health benefit representations are false, misleading, and reasonably likely to deceive the public.

14. The primary active ingredients in all the TriFlex Products are glucosamine hydrochloride and chondroitin sulfate. As more fully set forth below, the scientific evidence is that glucosamine and chondroitin, taken alone or in combination, do not provide the joint health benefits represented by GNC.

15. In addition to the primary active ingredients, Defendant's TriFlex Products contain lesser amounts of other ingredients, including: methylsulfonylmethane ("MSM"); hyaluronic acid; "a joint cushioning sports blend" (consisting of white willow bark, boswellia serrata, MSM, hyaluronic acid and hops cones extract); "a fast-acting comfort

³ Plaintiff reserves the right to include other products upon completion of discovery.

1 blend” (consisting of Chinese skullcap root extract and clutch tree wood & bark extract).⁴
2 As more fully discussed below, these ingredients are also not effective in providing the
3 joint health benefits represented by Defendant.

4 16. The TriFlex Fast-Acting bottle references one study purportedly supporting
5 Defendant’s “Clinical Strength” representation. No information is included to enable
6 consumers to locate and review the study. But by making this representation Defendant
7 is falsely representing that the scientific/clinical evidence supports the representations
8 that it makes about its Products. Likewise, the TriFlex Fast-Acting bottle also represents
9 that “[s]cientific research” has shown that glucosamine and chondroitin “help to support
10 the body’s natural ability to regenerate cartilage and lubricate joints thus supporting joint
11 health integrity and function” without reference to any specific scientific research. By
12 making references to clinical strength and that “scientific research” supports Defendant’s
13 joint health benefit claims, the burden is on Defendant to provide what it cannot – proof
14 that these Products work as represented. But, since the vast weight of competent and
15 reliable scientific evidence is that the ingredients in Defendant’s Products do not work as
16 represented, these representations are false.

17 17. Even though numerous clinical studies and the vast weight of competent
18 clinical evidence have found that the primary ingredients in GNC’s TriFlex Products,
19 glucosamine and chondroitin, alone or in combination, are ineffective, GNC continues to
20 state on the Products’ packaging and labeling that the TriFlex Products, with their
21 “maximum”, “clinical” strength formulas, help to, *inter alia*: promote mobility and
22 flexibility, improve “joint comfort,” and cushion joints. Front and side shots of a
23 representative TriFlex Fast-Acting label appear as follows:

24 //

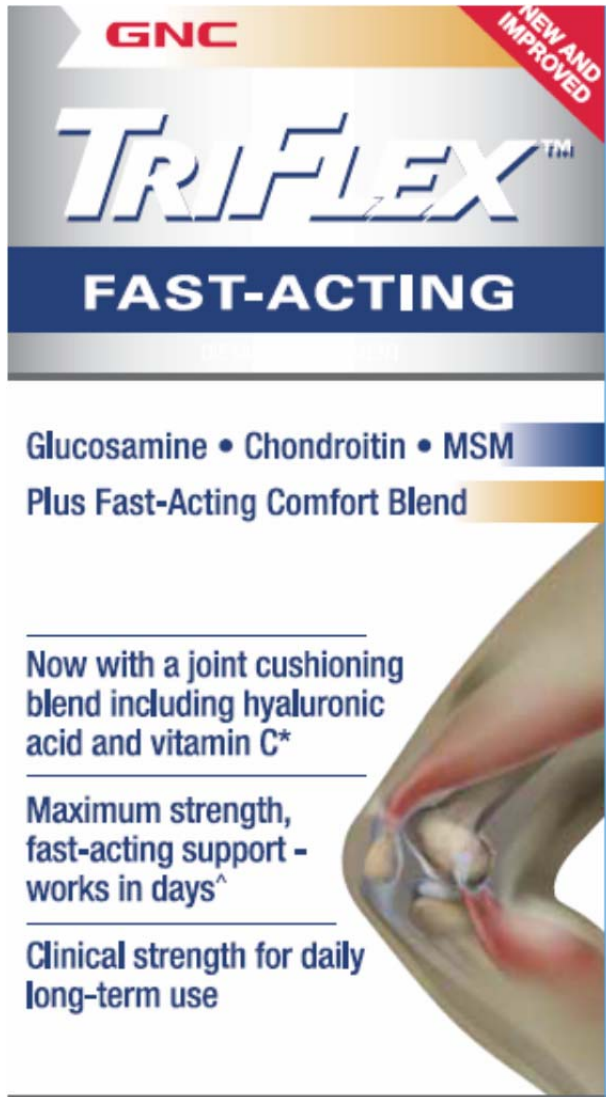
25 //

26 //

27

28 ⁴ Clutch tree wood & bark extract is also known as black catechu.

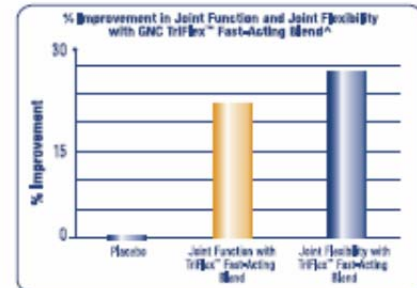
Front



Side

Joint comfort in days with GNC TriFlex™ Fast-Acting. This premium formula combines the full, clinically-tested amounts of glucosamine (1500 mg) and chondroitin (1200 mg) with a proprietary Fast-Acting Blend plus MSM to support joint comfort and flexibility and hyaluronic acid to help cushion joints.*

- Clinically studied doses of glucosamine and chondroitin combined with MSM and a proprietary herbal blend, which is shown to improve joint comfort and function!^



- Glucosamine and Chondroitin are natural building block components found in connective tissues and joint cartilage. Scientific research has shown that these building block compounds help to support the body's natural ability to regenerate cartilage and lubricate joints thus supporting joint health integrity and function.*
- Hyaluronic acid is an important structural component of body tissue, including the fluids surrounding the joints and collagen. Hyaluronic acid has the capacity to hold water, cushion joints and maintain the elastic integrity of skin.*
- Vitamin C is involved in the synthesis of collagen.

^In a 12 week multi-center, randomized, double-blind, placebo controlled study of 60 adults, subjects taking 250 mg/day of the GNC TriFlex™ Fast-Acting Blend showed statistically significant improvements in measures of joint function and joint flexibility within 30 days compared to subjects on placebo.

Copies of the TriFlex labels are attached hereto as Exhibit A

Scientific Studies Confirm The TriFlex Products Are Not Effective

18. At least as early as 2004, clinical studies have found that glucosamine and chondroitin, alone or in combination, are not effective in providing the represented joint health benefits.

19. For example, a 2004 study by McAlindon et al., entitled Effectiveness of Glucosamine For Symptoms of Knee Osteoarthritis: Results From an Internet-Based Randomized Double-Blind Controlled Trial, 117(9) Am. J. Med. 649 (Nov. 2004),

1 concluded that glucosamine was no more effective than placebo in treating the symptoms
2 of knee osteoarthritis – in short, it was ineffective.

3 20. Also as early as 2004, many studies confirmed there is a significant
4 “placebo” effect with respect to consumption of products represented to be effective in
5 providing joint health benefits such as Defendant’s Products – 30% and more of persons
6 who took placebos in these studies believed that they were experiencing joint health
7 benefits when all they were taking was a placebo. In this regard, a 2004 study by Cibere
8 et al., entitled Randomized, Double-Blind, Placebo-Controlled Glucosamine
9 Discontinuation Trial In Knee Osteoarthritis, 51(5) Arthritis Care & Research 738-45
10 (Oct. 15, 2004), studied users of glucosamine who had claimed to have experienced at
11 least moderate improvement after starting glucosamine. These patients were divided into
12 two groups – one that continued using glucosamine and one that was given a placebo.
13 For six months, the primary outcome observed was the proportion of disease flares in the
14 glucosamine and placebo groups. A secondary outcome was the time to disease flare.
15 The study results reflected that there were no differences in either the primary or
16 secondary outcomes for glucosamine and the placebo. The authors concluded that the
17 study provided no evidence of symptomatic benefit from continued use of glucosamine –
18 in other words, any prior perceived benefits were due to the placebo effect and not
19 glucosamine.

20 21. In the 2006 GAIT Study, the study authors rigorously evaluated the
21 effectiveness of glucosamine and chondroitin, alone and in combination, on osteoarthritis
22 for six months. According to the study’s authors, “The analysis of the primary outcome
23 measure did not show that either supplement, alone or in combination, was efficacious. .
24 .” 2006 GAIT Study at 806.⁵ Subsequent GAIT studies in 2008 and 2010 reported that
25
26

27 ⁵ The 2006 GAIT Study was funded by the National Center for Complementary &
28 Alternative Medicine and the National Institute of Arthritis and Musculoskeletal and Skin
Diseases, two components of NIH.

1 glucosamine and chondroitin did not rebuild cartilage⁶ and were otherwise ineffective –
2 even in patients with moderate to severe knee pain for which the 2006 GAIT study
3 reported results were inconclusive. See Sawitzke, A.D., et al., The Effect of
4 Glucosamine and/or Chondroitin Sulfate on the Progression of Knee Osteoarthritis: A
5 GAIT Report, 58(10) J. Arthritis Rheum. 3183–91 (Oct. 2008); Sawitzke, A.D., Clinical
6 Efficacy And Safety Of Glucosamine, Chondroitin Sulphate, Their Combination,
7 Celecoxib Or Placebo Taken To Treat Osteoarthritis Of The Knee: 2-Year Results From
8 GAIT, 69(8) Ann Rheum. Dis. 1459-64 (Aug. 2010).

9 22. The GAIT studies are consistent with the reported results of prior and
10 subsequent studies. For example, a study by Rozendaal et al., entitled Effect of
11 Glucosamine Sulfate on Hip Osteoarthritis, 148 Ann. of Intern. Med. 268-77 (2008),
12 assessing the effectiveness of glucosamine on the symptoms and structural progression of
13 hip osteoarthritis during 2 years of treatment, concluded that glucosamine was no better
14 than placebo in reducing symptoms and progression of hip osteoarthritis.

15 23. A 2010 meta-analysis by Wandel et al. entitled Effects of Glucosamine,
16 Chondroitin, Or Placebo In Patients With Osteoarthritis Or Hip Or Knee: Network Meta-
17 Analysis, BMJ 341:c4675 (2010), examined prior studies involving glucosamine and
18 chondroitin, alone or in combination, and whether they relieved the symptoms or
19 progression of arthritis of the knee or hip. The study authors reported that glucosamine
20 and chondroitin, alone or in combination, did not reduce joint pain nor have an impact on
21 the narrowing of joint space: “Our findings indicate that glucosamine, chondroitin, and
22 their combination do not result in a relevant reduction of joint pain nor affect joint space
23 narrowing compared with placebo.” *Id.* at 8. The authors went as far to say, “We believe
24
25

26 ⁶ To a similar effect a study by Kwok, et al., entitled The Joints On Glucosamine (JOG)
27 Study: A Randomized, Double-Blind, Placebo-Controlled Trial To Assess The Structural
28 Benefit Of Glucosamine In Knee Osteoarthritis Based On 3T MRI, 60 Arthritis Rheum
725 (2009), concluded that glucosamine was not effective in preventing the worsening of
cartilage damage.

1 it unlikely that future trials will show a clinically relevant benefit of any of the evaluated
2 preparations.” *Id.*

3 24. On July 7, 2010, Wilkens et al., reported that there was no difference
4 between placebo and glucosamine for the treatment of low back pain and lumbar
5 osteoarthritis and that neither glucosamine nor placebo were effective in reducing pain
6 related disability. The researchers also stated that, “Based on our results, it seems unwise
7 to recommend glucosamine to all patients” with low back pain and lumbar osteoarthritis.
8 Wilkens et al., Effect of Glucosamine on Pain-Related Disability in Patients With
9 Chronic Low Back Pain and Degenerative Lumbar Osteoarthritis, 304(1) JAMA 45-52
10 (July 7, 2010).

11 25. In 2011, Miller and Clegg, after surveying the clinical study history of
12 glucosamine and chondroitin reported that, “The cost-effectiveness of these dietary
13 supplements alone or in combination in the treatment of OA has not been demonstrated
14 in North America.” Miller, K. and Clegg, D., Glucosamine and Chondroitin Sulfate,
15 Rheum. Dis. Clin. N. Am. 37 (2011) 103-118.

16 26. Scientific studies also confirm that the other ingredients in the TriFlex
17 Products are ineffective. For MSM, a number of studies have either demonstrated no
18 benefit in pain relief or other symptom benefits (e.g., a lack of efficacy). *See, e.g.,* S.
19 Brien, *et. al.*, Systematic Review Of The Nutritional Supplements (DMSO) And
20 Methylsulfonylmethane (MSM) In The Treatment Of Osteoarthritis (Apr. 17, 2008)
21 (concluding that there is no “definitive evidence that MSM is superior to placebo in the
22 treatment of mild to moderate OA of the knee”); *see also* Debbie, E., et al., Efficacy Of
23 Methylsulfonylmethane Supplementation On Osteoarthritis Of The Knee: A Randomized
24 Controlled Study, 11.50 BMC Complementary and Alternative Medicine (2011);
25 Randomised, Double-Blind, Parallel, Placebo-Controlled Study of Oral Glucosamine,
26 Methylsulfonylmethane and their Combination in Osteoarthritis, 24 Clinical Drug
27 Investigation 353-63 (2004).

27. White willow bark is also not effective in providing any of the purported joint relief benefits. In one study by Bigert et al.⁷ of 127 people, after 6 weeks of treatment, white willow bark provided no joint pain relief and was similar to a placebo while low dose diclofenac, a common non-steroidal anti-inflammatory drug, gave statistically better pain relief. In Schmid et al.,⁸ 78 people were evaluated repeatedly over 2 weeks for joint pain, function and stiffness. All these parameters were not statistically different from placebo at one week, and only joint pain reached statistical significance at 2 weeks, while joint stiffness and joint function remained similar to placebo.

28. When injected into the joint, several preparations of hyaluronic acid have been approved by regulatory agencies, including the FDA, for pain relief in knee osteoarthritis. By contrast, oral hyaluronic acid preparations do not show joint health benefits because it is rapidly degraded during digestion to its constituents, two common sugars available in our normal diet. Therefore, its use in the TriFlex products will not provide any of the joint health benefits claimed.

29. Only small amounts of *Boswellia Serrata* are absorbed after ingestion and thus not effective in providing any joint health benefit. See, e.g., Abdel-Tawb, M., et al., *Boswellia Serrata: An Overall Assessment Of In Vitro, Preclinical, Pharmacokinetic And Clinical Data*, 50 Clin Pharmacokinet. 349-69 (2011).

30. Chinese skullcap and black catechu do not have a scientific relationship to joint health in that they are used variously as a food additive, astringent, tannin, and dye. In short their only use has and still is as a food flavoring and dye.

The Impact of GNC's Wrongful Conduct

31. Despite the vast weight of scientific evidence and clinical studies that definitively show the ingredients in the TriFlex Products are ineffective, Defendant

⁷ Biegert C et al., Efficacy and safety of willow bark extract in the treatment of osteoarthritis and rheumatoid arthritis: results of 2 randomized double-blind controlled trials, *Journal of Rheumatology*. 31.11 (2004):2121-30.

⁸ Schmid B et al., Efficacy and tolerability of a standardized willow bark extract in patients with osteoarthritis: randomized placebo-controlled, double blind clinical trial, *Phytotherapy Research*. 15.4 (2001) 344-50.

1 conveyed and continues to convey one uniform message: TriFlex Products, with their
2 “maximum”, “clinical” strength formulas help to promote mobility and flexibility,
3 improve “joint comfort,” and cushion joints.

4 32. As the manufacturer and/or distributor of the TriFlex Products, Defendant
5 possesses specialized knowledge regarding the content and effects of the ingredients
6 contained in its Products and is in a superior position to learn of the effects – and has
7 learned of the effects, or lack thereof – its Products have on consumers.

8 33. Specifically, Defendant knew, but failed to disclose, that the TriFlex
9 Products do not provide the joint health benefits represented and that well-conducted,
10 clinical studies have found the ingredients in the TriFlex Products to be ineffective in
11 providing the joint health benefits represented by Defendant.

12 34. Plaintiff and Class members have been and will continue to be deceived or
13 misled by Defendant’s deceptive joint health benefit representations. Plaintiff purchased
14 and consumed a TriFlex Product during the Class period and in doing so, read and
15 considered the Product’s label and based his decision to purchase the Product on the joint
16 health benefit representations on the Product packaging. Defendant’s joint health benefit
17 representations and omissions were a material factor in influencing Plaintiff’s decision to
18 purchase and consume a TriFlex Product.

19 35. The only purpose behind purchasing the TriFlex Products is to obtain some
20 or all of the represented joint health benefits. There is no other reason for Plaintiff and
21 the Class to have purchased the Products as the Products are not represented to provide
22 any other benefits and Plaintiff and the Class would not have purchased the Products had
23 they known Defendant’s joint health benefit statements were false and misleading and
24 that clinical cause and effect studies have found the ingredients to be ineffective for the
25 represented joint health benefits.

36. As a result, Plaintiff and the Class members have been injured in fact in their purchases of the TriFlex Products in that they were deceived into purchasing Products that do not perform as advertised.

37. Defendant, by contrast, reaped enormous profit from its false marketing and sale of the TriFlex Products.

CLASS DEFINITION AND ALLEGATIONS

38. Plaintiff brings this action on behalf of himself and all other similarly situated Class members pursuant to Rule 23(a), (b)(2), and (b)(3) of the Federal Rules of Civil Procedure and seeks certification of the following Class against GNC for violations of California law and similar laws in other states:

Multi-State Class

All persons in California and states with similar laws, who, within the applicable statute of limitations, purchased the TriFlex Products.

Excluded from the Class are GNC, its parents, subsidiaries, affiliates, officers and directors, and those who purchased the TriFlex Products for resale.

39. In the alternative, Plaintiff brings this action on behalf of himself and all other similarly situated California residents pursuant to Rule 23(a), (b)(2), and (b)(3) of the Federal Rules of Civil Procedure and seeks certification of the following Class:

California Class

All California residents who, within the applicable statute of limitations, purchased the TriFlex Products.

Excluded from the Class are GNC, its parents, subsidiaries, affiliates, officers and directors, and those who purchased the TriFlex Products for resale.

40. **Numerosity.** The members of the Class are so numerous that joinder of all members of the Class is impracticable. Plaintiff is informed and believes that the proposed Class contains thousands of purchasers of the TriFlex Products who have been

1 damaged by GNC's conduct as alleged herein. The precise number of Class members is
2 unknown to Plaintiff.

3 **41. Existence and Predominance of Common Questions of Law and Fact.**

4 This action involves common questions of law and fact, which predominate over any
5 questions affecting individual Class members. These common legal and factual
6 questions include, but are not limited to, the following:

7 (1) whether the claims discussed above are true, or are misleading, or
8 objectively reasonably likely to deceive;

9 (2) whether GNC's alleged conduct violates public policy;

10 (3) whether the alleged conduct constitutes violations of the laws
11 asserted;

12 (4) whether GNC engaged in false or misleading advertising;

13 (5) whether Plaintiff and Class members have sustained monetary loss
14 and the proper measure of that loss; and

15 (6) whether Plaintiff and Class members are entitled to other appropriate
16 remedies, including corrective advertising and injunctive relief.

17 **42. Typicality.** Plaintiff's claims are typical of the claims of the members of
18 the Class because, inter alia, all Class members were injured through the uniform
19 misconduct described above, were subject to GNC's deceptive joint health benefit
20 representations including the representations that accompanied each and every box of the
21 TriFlex Products. Plaintiff is advancing the same claims and legal theories on behalf of
22 himself and all members of the Class.

23 **43. Adequacy of Representation.** Plaintiff will fairly and adequately protect
24 the interests of the members of the Class. Plaintiff has retained counsel experienced in
25 complex consumer class action litigation, and Plaintiff intends to prosecute this action
26 vigorously. Plaintiff has no adverse or antagonistic interests to those of the Class.

44. **Superiority.** A class action is superior to all other available means for the fair and efficient adjudication of this controversy. The damages or other financial detriment suffered by individual Class members is relatively small compared to the burden and expense that would be entailed by individual litigation of their claims against GNC. It would thus be virtually impossible for the Class, on an individual basis, to obtain effective redress for the wrongs done to them. Furthermore, even if Class members could afford such individualized litigation, the court system could not. Individualized litigation would create the danger of inconsistent or contradictory judgments arising from the same set of facts. Individualized litigation would also increase the delay and expense to all parties and the court system from the issues raised by this action. By contrast, the class action device provides the benefits of adjudication of these issues in a single proceeding, economies of scale, and comprehensive supervision by a single court, and presents no unusual management difficulties under the circumstances here.

45. Plaintiff seeks preliminary and permanent injunctive and equitable relief on behalf of the entire Class, on grounds generally applicable to the entire Class, to enjoin and prevent GNC from engaging in the acts described, and requiring GNC to provide full restitution to Plaintiff and Class members.

46. Unless a Class is certified, GNC will retain monies received as a result of its conduct that were taken from Plaintiff and Class members. Unless a Class-wide injunction is issued, GNC will continue to commit the violations alleged, and the members of the Class and the general public will continue to be deceived.

47. GNC has acted and refused to act on grounds generally applicable to the Class, making appropriate final injunctive relief with respect to the Class as a whole.

COUNT I
Violation of Business & Professions Code §17200, et seq.
(Multi-State or, in the Alternative, California-only Class)

1 48. Plaintiff repeats and re-alleges the allegations contained in the paragraphs
2 above, as if fully set forth herein.

3 49. Plaintiff brings this claim individually and on behalf of the Class.

4 50. As alleged herein, Plaintiff has suffered injury in fact and lost money or
5 property as a result of GNC's conduct because he purchased a TriFlex Product in reliance
6 on GNC's joint health benefit statements detailed above, but did not receive a product
7 that provided the represented joint health benefits.

8 51. The Unfair Competition Law, Business & Professions Code § 17200, et seq.
9 ("UCL"), prohibits any "unlawful," "fraudulent" or "unfair" business act or practice and
10 any false or misleading advertising.

11 52. In the course of conducting business, GNC committed "unlawful" business
12 practices by, inter alia, making the joint health benefit representations (which also
13 constitute advertising within the meaning of § 17200) and omissions of material facts, as
14 set forth more fully herein, and violating Civil Code §§ 1572, 1573, 1709, 1711,
15 1770(a)(5), (7), (9) and (16) and Business & Professions Code §§ 17200, et seq. Plaintiff
16 and the Class reserve the right to allege other violations of law, which constitute other
17 unlawful business acts or practices. Such conduct is ongoing and continues to this date.

18 53. In the course of conducting business, GNC committed "unfair" business
19 practices by, inter alia, making the joint health benefit representations (which also
20 constitute advertising within the meaning of § 17200) and omissions of material facts
21 regarding the TriFlex Products in its advertising campaign, including the Products'
22 packaging, as set forth more fully herein. There is no societal benefit from false
23 advertising, only harm. Plaintiff and other Class members paid money for promised joint
24 health benefits which they did not receive. While Plaintiff and Class members were
25 harmed, GNC was unjustly enriched by its false joint health benefits misrepresentations
26 and omissions. Because the utility of GNC's conduct (zero) is outweighed by the gravity
27 of the harm Plaintiff and Class Members suffered, GNC's conduct is "unfair" having
28

1 offended an established public policy. Further, GNC engaged in immoral, unethical,
2 oppressive, and unscrupulous activities that are substantially injurious to consumers.

3 54. Further, as stated in this Complaint, Plaintiff alleges violations of consumer
4 protection, unfair competition and truth in advertising laws, resulting in harm to
5 consumers. GNC's acts and omissions also violate and offend the public policy against
6 engaging in false and misleading advertising, unfair competition and deceptive conduct
7 towards consumers. This conduct constitutes violations of the unfair prong of Business
8 & Professions Code § 17200, et seq.

9 55. There were reasonably available alternatives to further GNC's legitimate
10 business interests, other than the conduct described herein.

11 56. Business & Professions Code § 17200, et seq., also prohibits any "fraudulent
12 business act or practice."

13 57. In the course of conducting business, GNC committed "fraudulent business
14 act or practices" by, inter alia, making the joint health benefit representations (which also
15 constitute advertising within the meaning of § 17200) and omissions of material facts
16 regarding the TriFlex Products in its advertising campaign, including the Products'
17 packaging, as set forth more fully herein. GNC misrepresented on each and every
18 TriFlex Product bottle/box that its TriFlex Products, with their "maximum", "clinical"
19 strength formulas help to promote mobility and flexibility, improve "joint comfort," and
20 cushion joints when, in fact, the competent scientific evidence is that the ingredients in
21 the TriFlex Products are not efficacious and do not work as represented.

22 58. GNC's actions, claims, omissions and misleading statements, as more fully
23 set forth above, were also false, misleading and/or likely to deceive the consuming public
24 within the meaning of Business & Professions Code § 17200, et seq.

25 59. Plaintiff and other members of the Class have in fact been deceived by
26 GNC's material joint health benefit representations and omissions. GNC's deception has
27 caused harm to Plaintiff and other members of the Class who purchased the TriFlex
28

1 Products. Plaintiff and the other Class members have suffered injury in fact and lost
2 money as a result of these unlawful, unfair, and fraudulent practices.

3 60. GNC knew, or should have known, that its material representations and
4 omissions would be likely to deceive the consuming public and result in consumers
5 purchasing GNC's TriFlex Products and, indeed, intended to deceive consumers.

6 61. As a result of its deception, GNC has been able to reap unjust revenue and
7 profit.

8 62. Unless restrained and enjoined, GNC will continue to engage in the above-
9 described conduct. Accordingly, injunctive relief is appropriate.

10 63. Plaintiff, on behalf of himself and all others similarly situated, and the
11 general public, seeks restitution of all money obtained from Plaintiff and the members of
12 the Class collected as a result of unfair competition, an injunction prohibiting GNC from
13 continuing such practices, corrective advertising and all other relief this Court deems
14 appropriate, consistent with Business & Professions Code § 17203.

15 **COUNT II**

16 **Violations of the Consumers Legal Remedies Act – Civil Code §1750 *et seq.*** 17 **(Multi-State or, in the Alternative, California-only Class)**

18 64. Plaintiff repeats and re-alleges the allegations contained in the paragraphs
19 above, as if fully set forth herein.

20 65. Plaintiff brings this claim individually and on behalf of the Class.

21 66. This cause of action is brought pursuant to the Consumers Legal Remedies
22 Act, California Civil Code §1750, *et seq.* (the "Act"), and similar laws in other states.
23 Plaintiff is a "consumer" as defined by California Civil Code §1761(d). The TriFlex
24 Products are "goods" within the meaning of the Act.

25 67. GNC violated and continues to violate the Act by engaging in the following
26 practices proscribed by California Civil Code §1770(a) in transactions with Plaintiff and
27 the Class which were intended to result in, and did result in, the sale of the TriFlex
28 Products:

1 (5) Representing that [the TriFlex Products have] . . . approval,
2 characteristics, . . . uses [and] benefits . . . which [they do] not have

3 * * *

4 (7) Representing that [the TriFlex Products are] of a particular standard,
5 quality or grade . . . if [it is] of another.

6 * * *

7 (9) Advertising goods . . . with intent not to sell them as advertised.

8 * * *

9 (16) Representing that [the TriFlex Products have] been supplied in
10 accordance with a previous representation when [they have] not.

11 68. GNC violated the Act by representing and failing to disclose material facts
12 in its advertising campaign including the TriFlex Products labels and packaging, as
13 described above, when it knew, or should have known, that the representations were false
14 and misleading and that the omissions were of material facts it was obligated to disclose.

15 69. Pursuant to California Civil Code §1782(d), Plaintiff and the Class seek a
16 Court order enjoining the above-described wrongful acts and practices of GNC and for
17 restitution and disgorgement.

18 70. Pursuant to §1782 of the Act, Plaintiff notified GNC in writing by certified
19 mail of the particular violations of §1770 of the Act and demanded that GNC rectify the
20 problems associated with the actions detailed above and give notice to all affected
21 consumers of GNC's intent to so act. A copy of the letter is attached hereto as Exhibit B.

22 71. If GNC fails to rectify or agree to rectify the problems associated with the
23 actions detailed above and give notice to all affected consumers within 30 days of the
24 date of written notice pursuant to §1782 of the Act, Plaintiff will amend this complaint to
25 add claims for actual, punitive and statutory damages, as appropriate.

26 72. GNC's conduct is fraudulent, wanton and malicious.

73. Pursuant to §1780(d) of the Act, attached hereto as Exhibit C is the affidavit showing that this action has been commenced in the proper forum.

PRAYER FOR RELIEF

Wherefore, Plaintiff prays for a judgment:

A. Certifying the Class as requested herein;

B. Awarding restitution and disgorgement of GNC's revenues to Plaintiff and the proposed Class members;

C. Awarding injunctive relief as permitted by law or equity, including enjoining GNC from continuing the unlawful practices as set forth herein, and directing GNC to identify, with Court supervision, victims of its conduct and pay them all money it is required to pay;

D. Ordering GNC to engage in a corrective advertising campaign;

E. Awarding attorneys' fees and costs; and

F. Providing such further relief as may be just and proper.

DEMAND FOR JURY TRIAL

Plaintiff hereby demands a trial of his claims by jury to the extent authorized by law.

DATED: April 18, 2013

BONNETT, FAIRBOURN, FRIEDMAN
& BALINT, P.C.

s/Patricia N. Syverson

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